

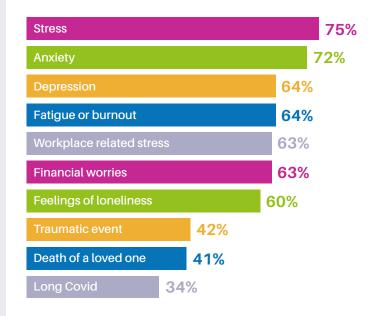
Mental Health at Work



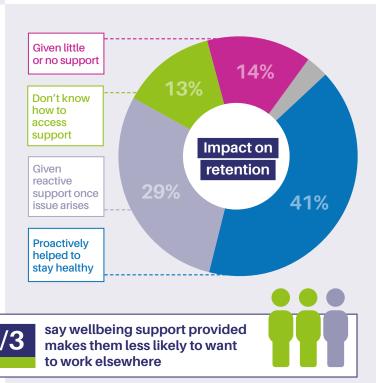
How mental health is affecting UK employees

26%	of employees have clinical anxiety or depression
41%	worry about their emotional health
33%	are concerned about workload and deadlines
31%	lack social contact with others
<i>♣</i> 7%	are alcohol or drug dependant

Top 10 issues undermining mental health







Source: 2021 Health at Work Survey. PAM Group



@pam-wellbeing



7% used 7%